



## LONNIE KNOWLES & TERI HJELTE

### Short Game:

Putting, Chipping, Pitching & Sand Shots

**Consider the 3 D's:**      **D**irection  
   **D**istance  
   **D**ecide

Always use a routine to incorporate the following:

- 1) **G**RIP: left hand muscle pad on top of the club, feel the club in your fingers for all shots other than Putting (Grip is in the palms, life line of your hands)
- 2) **A**IM: Stand behind the ball & pick a target; address the ball parallel left of your target line (visualize the railroad track)
- 3) **P**OSTURE: bow forward from your hips, arms hang relaxed



## **Putting:**

-Focus on the **3 D's**:

1. **Direction:** what line to start the ball on
2. **Distance:** how long of swing
3. **Decide:** trust your decision

## **Short Game Approach:**

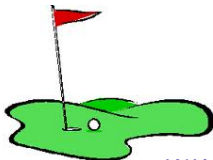
### **Pre-Shot**

- 1) Pick a spot to land the ball
- 2) Decide on the club based on how far it should roll
- 3) Distance is controlled by length of backswing

### **Shot Implementation**

- 4) Address the ball (use GAP)
- 5) Feel the club head brush the grass/sand
- 6) Swing to the target
- 4) Observe shot & learn from what the ball did

## **Quality vs. Quantity Practice**



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